



REVOLUTION BODY IN MOTION

8525 SW Barbur Blvd.
Portland, OR 97219
(503) 922-3911

Whether you want to **Take It Off...Tone It Up...Or just Get and Stay Healthy and Fit...**

Jumpstart fitness with Revolution Body in Motion *Boot Camp!*

Invest in your health and work out in a safe, smaller group environment with amazing, professional Personal Trainers! Class size is limited, so call today to hold your spot!

10 week Boot Camp begins June 21 and ends August 25!

Monday and Wednesday mornings, 6 am – 7 am

**10 week Program – Two days per week
Regular Price \$299 – **Now Only \$250!****

Supplement your Boot Camp workouts with a 10 week unlimited class pass for **only \$100!!** (Available only to Boot Camp participants)

Mats and 5 lb. weights (or higher) should be brought to class

Boot Camps offer **cardio, strength, and toning segments** to **bring you ultimate results!**

Call today to save your spot! Give the gift of fitness to someone you love! Come get fit with us and *Get Your Move On!*

www.revolutionpdx.com