



## Summer 2010 Class Schedule

8525 SW Barbur Blvd. Portland, OR 97219  
 (503) 922-3911

Class schedule subject to change—check web site for updates  
[www.revolutionpdx.com](http://www.revolutionpdx.com)

Class Key:

Cardio/Weight Loss
Moderate Pace & Intensity
Mind/Body

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 - 7 am *Boot Camp Andrea Begins Jun 21		6 - 7 am *Boot Camp Andrea Begins Jun 21				
				10:30 - 11:30 am Gentle Yoga Jerri NO CLASS Aug 20		
5:15 - 6:15 pm Gentle Yoga Jerri NO CLASS Aug 23		5:15-6:15 pm Gentle Yoga Jerri NO CLASS Aug 25	5:45 - 6:45 pm Team Survivor Zumba Laura			
	6:30 – 7:30 pm Jazz Dance 101 Jun 22 – Aug 10 Narong	6:30 – 7:30 pm TaiChi Jun 23 – Aug 25 Bernunzio				

